

OUR CLASSICAL BENEDICTINE LIFE centres around the solemn celebration of the Divine Office, Holy Mass, the sacraments and other traditional rites: we exist in order to give glory to Almighty God and thereby to pray for the Church and the world. Providing hospitality, the promotion of liturgical study and celebration through practical formation, teaching and publications all further this aim. So too, we live by the work of our hands, providing what food we can and taking daily care of the monastery.



Novices study of the Rule of Saint Benedict, the Psalms, monastic history, Gregorian chant, Latin, English and French as necessary, and learn appropriate practical skills. After simple profession the junior monk will continue his formation and studies according to his abilities and the monastery's needs, some commencing philosophical and theological studies with a view to ordination, others in more specialised areas. Solemnly professed monks are encouraged to continue appropriate study and formation.

Men accepted for formation spend at least three months as a postulant before clothing as a novice. Noviciate is a minimum of one year but may be extended as necessary up to two years. At least three years are spent in simple vows before solemn profession.

Whilst we welcome applications from men who have the desire and ability to become monk-priests, we are equally happy to receive them from those who seek the monastic life without ordination. Ordinations to both minor and major orders are according to the older rites.



Catholic men between the ages of 18-35 who believe that God may be calling them to live our life are encouraged to contact the Prior to discuss making a visit so as to experience our life alongside us. If you believe that God may be calling you to this life, now is the time to act.



"Come and see." (John 1:39)

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MONASTÈRE SAINT-BENOÎT



AN INTERNATIONAL ANGLOPHONE
MONASTIC COMMUNITY
OF THE DIOCESE OF FRÉJUS-TOULON,
FRANCE,

living a traditional life
of prayer, work and study according to
the ancient Rule of Saint Benedict
and celebrating the Sacred Liturgy
according to the *usus antiquior*
(the more ancient use) of the Roman
and monastic rites.

“Hearken, my son, to the precepts of the master and incline the ear of thy heart...”



Amidst the vicissitudes of the world, the flesh and the devil, do you seek the conversion of your life?
Are you ready to become the new man whom God calls you to be?

Will you give your heart, mind, body and soul totally to the service of Almighty God
and commit yourself to a life of praise and worship of Him with all the gifts and talents He has given you—
including those He yet wishes to develop in you—through prayer, reading, study, manual and intellectual work?

Do you desire daily to pray and to live from the traditional riches of the Sacred Liturgy—the Divine Office,
Holy Mass, the Sacraments and other rites—celebrated optimally
according to the more ancient use of the Roman and monastic rites (the *usus antiquior*)?

Are you prepared to live fraternal charity, in obedience to the Rule and a Superior, and to take your God-given
place amongst a community of loving brethren who will support and nourish you in your vocation,
and who in due time will look to you for the same?

Can you accept the challenge of submitting to the discipline of the “school of the Lord’s service”
so as thereby to come to experience the enlargement of your heart
and “run with the unspeakable sweetness of love in the way of God’s commandments”?

Do you truly seek God?
Are you prepared to do His will, and abandon your own?